

# More Great Service Projects

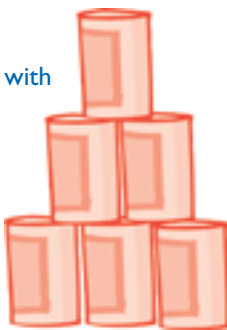
## Sweet Treats

Create **Sweet Treat** packages for the more than 200 men, women and **children** who enjoy free meals each day through our main dining room and Mobile Kitchen. Bake cookies or brownies (no nuts, please) and package two each in Ziploc® bags for dessert. Deliver them to our kitchen at 1088 Fairfield Avenue before 3 p.m. any day of the week.



## Fill Our Pantry

Help keep our pantry stocked with nutritious food. Collect ham, hotdogs, frozen turkeys, rice, sugar, canned fruit, vegetables and soups, pasta, sauces, dessert mixes, coffee and drink mixes. We welcome fresh produce, too!



## Welcome Packages

### Overnight Guest Package:

Fill a Ziploc® bag with hotel-size soap, shampoo, conditioner and toothpaste along with a toothbrush and pair of white tube socks.

**New Life Women's Packages:** Fill a Ziploc® bag with full-size bottles of shampoo, conditioner, spray deodorant, bar soap, toothpaste and hand cream, along with a hair brush, toothbrush, two pair of white socks and an NIV Bible.

**New Life Men's Packages:** Fill a Ziploc® bag with packaged disposable shavers, full-size shaving cream, spray deodorant, bar soap, shampoo and toothpaste, along with one pair each black and white socks, packaged new briefs (L or XL), toothbrush, comb and an NIV Bible.



**BRIDGEPORT  
RESCUE MISSION**

*Fighting poverty from the inside out*

# How You Can Help!

## The Volunteer Ministry of Bridgeport Rescue Mission

Bridgeport Rescue Mission depends on volunteers of all ages to help us fight poverty from the inside out! You, your school, church, business, organization, youth group or Sunday school class can help the hungry, homeless and addicted of Fairfield County.

In this brochure you'll find plenty of opportunities to serve. Pick out activities that best fit your group. Bring donations to 1088 Fairfield Avenue, Monday-Friday, 7 a.m.-7 p.m. Someone will always be available to accept your donation and issue you a tax receipt. Thanks for volunteering!

1088 Fairfield Avenue • Bridgeport, CT 06605  
(203) 333-4087 • [www.BridgeportRescueMission.org](http://www.BridgeportRescueMission.org)

# Body, Soul and Spirit Ministry

Bridgeport Rescue Mission distributes thousands of articles of clothing to the low-income and homeless community each year. When you participate in one or more of the activities below, you help us touch them body, soul and spirit.

## Donate Clothing

Donate new or gently used clothing for men, women and children in all sizes. We'll make sure they get to those who need them most!



## Sort Donated Clothing

Help sort donated clothing we'll distribute through our Mobile Kitchen, and to those in our emergency shelters and resident program. Weekday shifts: noon-2 p.m. or 2 p.m.-4 p.m. Go to [www.BridgeportRescueMission.org](http://www.BridgeportRescueMission.org) to schedule your shift.



## Winter Warm Up

We distribute coats, hats, gloves, scarves and mittens to thousands of homeless and low-income men, women and children each winter. Collect new and gently used winter-wear in every size for every age!



## Blanket Ministry

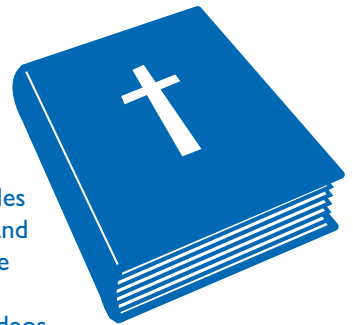
Many poverty-stricken families must choose between paying rent or heating their homes. Collect new or gently used blankets we'll distribute to the poor and use in our shelters.

## Fill Our Medicine Chest

Collect over-the-counter pain relievers, **non-alcohol** cold and flu remedies, Benadryl, cough drops, sinus meds, antacids, foot powder and cream, sun block, aloe vera gel, band-aids, antibiotic ointment, multivitamins and feminine care products we'll share with those in need.

## Spread the Word

Spread the Good News of Jesus Christ by collecting NIV Bibles (complete with Old and New testaments). We also need Christian devotionals, DVDs, videos, books, journals and highlighters. Or, collect gift cards to Christian bookstores.



## Bare Necessities

Provide the "bare necessities" for near-homeless and homeless men, women and children. Collect **new, packaged** underwear and socks for all ages and sizes.

(No bras, please.) Or, collect gift cards to Kohl's so we can make purchases as needed.

